



## Helen Volk

President, Beyond Clutter

*Helen is the premier  
professional organizer  
of the Capital District of  
New York State.*

## Since 1991

- Workshops
- Speeches
- Books
- Hands-on Organizing

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*Spotlight on*

# Helen D. Volk

## Experience

- ◆ Former packrat who lives clutter-free
- ◆ Downsized 10 rooms to 6 rooms to 3 rooms
- ◆ Lawyer for 17 years
- ◆ Professional Organizer for 17 years
- ◆ Teacher of public school, college and adults

## Education

- ◆ Bachelor of Science, Music Ed., SUNY Potsdam
- ◆ Juris Doctor, Albany Law School

## Highlights

- ◆ Award for Excellence in Business from the Women's Business Council of the Albany-Colonie Regional Chamber of Commerce.
- ◆ Profiled in *SUNY Alumni in Business and Industry*
- ◆ Profiled twice in *Potsdam People*
- ◆ Featured in numerous print media articles
- ◆ Golden Circle member of the National Association of Professional Organizers (NAPO)
- ◆ Author of: *De-Clutter, De-Stress® Your Life, Filing 101, Beyond Office Clutter, The Organized Garage Sale, Behind Clothes Doors, Organize Your Photographs, Organize and De-Stress the Christmas Season*
- ◆ Interview resource for broadcast and print media