



"May I live simply, that others may simply live."
- Mahatma Gandhi

Spotlight on

Beyond Clutter Services

Speaker

Looking for a Speaker?

De-Clutter, De-Stress® Your Life

(Stress Management through Clutter Control)

De-Clutter, De-Stress® Your Life is an integrated life/work philosophy that enables people to reclaim their lives by breaking free of what clutters them.

The most common response to
De-Clutter, De-Stress® Your Life is:

"I can't wait to go home and throw things out!"

Helen Volk

President, Beyond Clutter

Helen is the premier professional organizer of the Capital District of New York State.

Since 1991

- Workshops
- Speeches
- Books
- Hands-on Organizing

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Workshop Leader

- General Audience
- Business/Corporate
- Seniors
- Home Based Business Programs
- Spiritual Workshops
- Continuing Legal Education Seminar for Lawyers

Professional Organizer

A. Workplace Organizer

Helen offers confidential one-on-one sessions for executives, managers and support staff to address their specific organizing needs at their work site.

B. At Home Organizing

C. Virtual Organizer

Virtual Organizing allows you to get de-cluttering/organizing help without having a professional organizer come to your space.