



About Helen Volk

Helen D. Volk, B.S., J.D., is founder and president of Beyond Clutter®, a firm that helps you De-Clutter, De-Stress® your life. A teacher and lawyer who practiced law for 17 years before creating Beyond Clutter® in 1991, Helen was a pack rat who chose to simplify her life in the early 80's and live clutter free.

As a professional organizer, Helen has the maturity, experience, sensitivity and patience to work with clients during the difficult time of de-cluttering. An expert in her field, Helen is an accomplished motivational speaker and published author of organizing books.

Rates:

We charge hourly. Call for details.

With compassion, humor, enthusiasm and expertise, Helen guided me through the process of de-cluttering and gave me the skills to maintain a clutter-free environment. She turned an overwhelming situation into a life-changing journey, traveling with me in manageable increments. She is an invaluable resource!

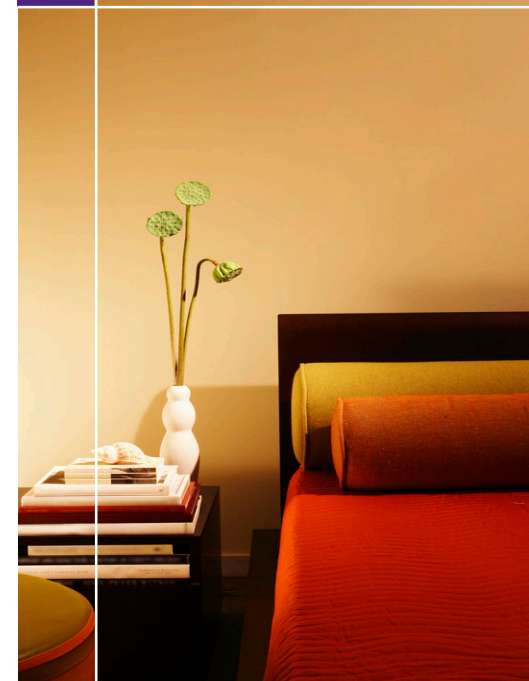
-A. Casler

Beyond[®]
CLUTTER

1211 Waterside Way
Cohoes, NY 12047
518.238.3842.
www.beyondclutter.com
helen@beyondclutter.com
www.facebook.com/helen.volk

De-Clutter, De-Stress® Your Life

Hands-on de-cluttering
services at work or
home



Beyond Clutter®

Helen D. Volk, President

Overwhelmed by the thought of de-cluttering?

Can't decide what to let go of or where to start?

Stressed by all the work to be done?

Beyond Clutter will actively de-clutter your work and/or home with less stress, to enable you to:

- ◇ De-Clutter possessions
- ◇ Resume living/working in a clutter-free space



De-clutter your space at work or home

Workplace Organizer

Beyond Clutter offers confidential one-on-one sessions for executives, managers and support staff to address their specific organizing needs at their work site. When you work with Helen you reduce day-to-day stress and are able – with confidence – to address work issues, make decisions, manage your day, and achieve a more fulfilling career. You'll witness, too, how your personal life will be impacted by a less stressed, more balanced, and more organized you!

Virtual Organizer

Virtual Organizing allows you to get de-cluttering/organizing help without having a professional organizer come to your space. If you are too embarrassed to allow others in your home or office or if you live/work a far distance from Helen or you simply want to do the work yourself, this service is for you.

At Home

When you want to de-clutter your home or office, but don't want to do the work alone, call Helen to evaluate, plan and roll up her sleeves to assist with the physical work.

For clients who know what to do, but need structure and guidance, Helen will come to your home or office one time to prepare you to do the work yourself. Follow-up appointments by e-mail or telephone are scheduled so Helen can guide you, encourage you and keep you on track. Client has the option of choosing follow-up on-site visits.

Go to www.beyondclutter.com/services for details